

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New Year's 1  Northern Cardinal New Year's Day	TR Department is Closed 2 In Observance of the New Year's Day. Activities resume Tuesday 01/03	10:00 Communion 3 Worship Service -CH 10:45 January Trivia-CH 1:30 Catholic Prayer Service-CH 2:15 Bingo-2E 6:15 New Year's Trivia -3E	10:15 Sit & Stretch-2E 4 10:45 Time Slips-2E 2:15 Learn More About Elvis -2E 3:15 Pass the Ball, Stop the Music- 2E	10:00 Bible Study-CH 5 10:45 Drumming-CH 2:30 Travel to England -CH 6:15 Men's Group-3E	10:00 Hymn Sing-CH 6 10:30 Sit and Stretch-2E 10:45 Java Memory- 3W 2:15 Learn about Penguins -2E 3:15 Computer Lesson 101 -2E	10:30 Who am I? -2E 7 2:30 Shake Loose a Memory -2E 3:00 Name that 60s Tune -2E
 Tufted Titmouse	8 10:15 Sit & Stretch-2E 10:45 Random Trivia-2E 2:15 Bowling-2E 3:30 Computer Lesson 101 -2E 6:15 Rummy 500 -2E	9 10:00 Resident Council-CH 10 10:45 Show & Tell with Grandma's House-CH 2:15 Bingo- 2E 6:15 Jumbled Word Quiz-3E	10:15 Sit & Stretch-2E 11 10:45 Ring Toss-2E 2:15 Java Music Club -2E 3:15 Watercolor Hat Art Project-2E	10:00 Bible Study-CH 12 10:45 Drumming-CH 2:15 Oculus Time - CH 3:15 Remembering Music Players -CH	10:00 Hymn Sing-CH 13 10:30 Sit and Stretch-2E 10:45 Java Memory - 3W 2:15 Program Planning Committee-2E 3:00 Bean Bag Toss -2E	10:15 Sit and Stretch-2E 14 10:45 Puzzle Pals-2E 2:15 Movie and Popcorn-2E
 Bohemian Waxwing Martin Luther King Jr. Day	15 10:15 Sit & Stretch-2E 16 10:45 Buzzword-2E 2:15 Watercolor Salt Painting Project - 2E 3:00 Martin Luther King Day Discussion -2E 6:15 Table Topics -2E	10:00 Worship Service-CH 17 10:45 Show & Tell with Grandma's House-CH 1:30 Catholic Prayer Service-CH 2:15 Bingo-2E 6:15 Odd One Out Game - 3E	10:15 Sit & Stretch-2E 18 10:45 Music Trivia-2E 2:15 Learn More About Albert Einstein-2E 3:15 Crazy Bocce Ball -2E	10:00 Bible Study-CH 19 10:45 Drumming-CH 2:15 Oculus Time - CH 3:15 Travel to Venezuela -CH 6:15 Men's Group-3E	10:00 Hymn Sing-CH 20 10:30 Sit and Stretch-2E 2:15 Learn about Polar Bears-2E 3:00 Balloon Volleyball -2E	10:30 Short Stories-2E 21 2:15 Winter Snowman Suncatcher Craft-2E 3:15 Brain Fitness-2E
 Pine Siskin Chinese New Year (Year of the Rabbit)	22 10:15 Sit & Stretch-2E 23 10:45 Puzzle Pals-2E 2:30 Accordion Music with Mark Stillman-Chapel 6:15 70s Music Quiz - 3E Activity Professionals Week	10:00 Worship Service-CH 24 10:45 Show & Tell with Grandma's House-CH 2:15 Bingo-2E 6:15 Board Games -2E	10:15 Sit & Stretch-2E 25 10:45 Who/What am I?-2E 2:15 Java Music Club -2E 3:15 Snowy Town Watercolor Painting -2E	10:00 Bible Study-CH 26 10:45 Drumming-CH 2:15 Oculus Time - CH 3:15 Our Solar System Planets -CH Australia Day (observed)	10:00 Hymn Sing-CH 27 10:30 Learn About Composers- CH 10:45 Java Memory -3W 2:30 Music with James Shaw-Chapel	10:15 Sit and Stretch-2E 28 10:45 Ring Toss-2E 2:15 IN2L Games-2E
 Snow Bunting	29 10:15 Sit & Stretch-2E 30 10:45 Music Trivia-2E 2:15 Cardinals in Flight Art Project -2E 3:00 Flarts -2E 6:15 Proverbs -2E	10:00 Worship Service-CH 31 10:45 Show & Tell with Grandma's House-CH 2:15 Bingo-2E 6:15 Riddle Party-3E	Key: CH= Chapel 2E= 2E Dining Room 2W= 2W Dining Room 3E= 3E Dining Room 3W= 3W Dining Room			

January 2023

REDEEMER HEALTH CENTER

Programs & Times are Subject to Change (Please Reference the White Boards for Daily Updates on the Daily Activity Programs at Redeemer)