





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Key:</b> <b>CH: Chapel</b> <b>2E: 2E Dining Room</b> <b>2W: 2W Dining Room</b> <b>3E: 3East Dining Room</b> <b>3W: 3W Dining Room</b>		<b>1</b> 10:15 Joggin' your Noggin-3E <b>1:30 Catholic Prayer Service-CH</b> 2:15 Bingo-2E 6:15 Memory Stretchers-3E	<b>2</b> 10:15 Sit & Stretch -2E 10:45 Random Trivia-2E 2:15 Acorn Suncatchers-2E 3:00 Java Music Club-2E	<b>3</b> 10:00 Bible Study-CH 10:45 Drumming-CH 2:15 Oculus Time-CH 3:15 Remembering Roy Rogers-CH 6:15 Men's Group-3E (Resident Led)	<b>4</b> 10:00 Hymn Sing-CH 10:30 Resident Council-CH 10:45 Java Memory-3W 2:15 Life of Loretta Lynn-3E 2:45 Flarts-3E	<b>5</b> 10:15 Sit & Stretch-2E 10:45 Madlibs-2E 2:00 Movie "Coal Miners Daughter"-2E
<b>12:00 Vikings vs Commanders (Channel 9)</b>  <small>Daylight Saving Time Ends</small>	<b>6</b> 10:15 Sit & Stretch-3E 10:45 What is Your Favorite Memory Discussion-3E <b>2:30 Classical Music and Ukulele with Carmelita Guse-CH</b> 6:15 Puzzles Together-2E	<b>7</b> 10:00 Communion/Memorial Worship Service-CH 10:45 Guess in 10-CH 2:15 Bingo-2E 3:30 Fall Leaf Wreath Art-2E 6:15 Evening Coloring-3E	<b>8</b> 10:15 Sit & Stretch-2E 10:45 Program Planning Committee-2E 2:15 Science Day "Volcano Eruption"- 2E 3:00 Java Music Club-2E	<b>9</b> 10:15 Sit & Stretch-3E 10:45 Time Slips-3E 2:15 Oculus Time-CH 3:15 Travel to New England-CH	<b>10</b> 10:00 Hymn Sing-CH 10:30 Sit & Stretch-CH 10:45 Java Memory-3W 2:15 Honor Redeemer Veteran's-CH 2:45 Virtual Veteran's Day Concert-CH <small>Veterans Day Remembrance Day (Canada)</small>	<b>11</b> 10:15 Penny Ante-2E 2:15 Songs About Gratitude-3E 3:00 Shake Loose a Memory-3E
<b>12:00 Vikings vs Bills (Channel 9)</b> 	<b>13</b> 10:15 Sit & Stretch-2E 10:45 Name as Many Ways to be Kind to Others Game-2E <b>2:30 Accordion Music of Mark Stillman-CH</b> 6:15 Name 5-2E	<b>14</b> 10:00 Worship Service-CH 10:45 Short Stories-CH <b>1:30 Catholic Prayer Service-CH</b> 2:15 Bingo-2E 6:15 Music Trivia-3E	<b>15</b> 10:15 Looking at Grief-2E 10:45 Looking at Grief-3E 2:00 Science Day "Lava Lamp"-2E 3:00 Java Music Club-2E	<b>16</b> 10:00 Bible Study-CH 10:45 Drumming-CH 2:15 Oculus Time-CH 3:15 Crazy Bocce Ball-CH 6:15 Men's Group-3E (Resident Led)	<b>17</b> 10:00 Hymn Sing-CH 10:30 Sit & Stretch-CH 10:45 Java Memory-3W 2:15 Make Pumpkin Bread-3E 3:00 Our Planet/ Coastal Seas-3E	<b>18</b> 10:15 Sit & Stretch-2E 10:45 Gettysburg Address Discussion-2E 2:15 IN2L Games-2E
<b>3:25 Vikings vs Cowboy (Channel 4)</b> 	<b>20</b> 10:15 Sit & Stretch-3E 10:45 Synonyms for Hello Game-3E 2:15 Lucynt-3E 2:30 Bowling-2E 6:15 Rememory-2E	<b>21</b> 10:00 Worship Service-CH 10:45 Thanksgiving Quiz-CH 2:15 Bingo-2E 6:15 Riddle Me This-3E	<b>22</b> 10:15 Sit & Stretch-3E 10:45 Minnesota Trivia-3E 2:15 Thanksgiving Turkey Craft-2E 3:00 Java Music Club-2E	<b>23</b> <b>9:00 Macy's Thanksgiving Day Parade (Channel 11)</b> <b>7:25 Vikings vs Patriots (Channel 11)</b>  <b>Happy Thanksgiving</b> <small>Thanksgiving Day (US)</small>	<b>24</b> 10:15 Sit & Stretch-2E 10:45 Puzzle Pals-2E 2:00 Movie "Planes, Trains & Automobiles"- 2E	<b>25</b> 10:15 Java Memory-3W 2:15 Brain Exercise-3E 3:00 Fruit Basket Craft-3E
	<b>27</b> <b>Holiday Decorating</b> 10:15 Sit & Stretch-2E 10:45 Quotes of Mark Twain (Samuel Clemens)-2E 2:15 Science Day "Growing Gummy Bear"-2E 3:15 Balloon Paddle Ball-2E 6:15 Rememory-2E	<b>28</b> <b>Holiday Decorating</b> 10:00 Worship Service-CH 10:45 Gratitude Journaling-CH 2:15 Bingo-2E 6:15 Lucynt-2E	<b>29</b> <b>Holiday Decorating</b> 10:15 Sit & Stretch-2E 10:45 Legacy League-2E 2:15 Colorful Winter Hat Craft-2E 3:00 Java Music Club-2E	<b>30</b>	<h1>November 2022</h1> <h2>REDEEMER HEALTH CENTER</h2>	

Programs & Times are Subject to Change (Please Reference the White Boards for Daily Updates on the Daily Activity Programs at Redeemer)